

POWDERMIX

ADVANCED POWDR BEVERAGES



**For Weight Management
or Fitness**

**Nutrient, Mineral Dense
Formula**

Enzymes & Probiotic Blend

Losing or maintaining a healthy weight can be very difficult in our fast-paced world. Healthy options are not always easy to come by, can be expensive, and often take too long.

REPLACE by POWDERmix is a quick & easy meal replacement shake designed to give your body the healthy nutrition it needs without the extra fat and calories. REPLACE is packed full of all of vitamins, minerals, protein, and probiotics needed for a well-rounded meal.

Directions:

Mix or blend one scoop with at least 8-10 ounces of water or milk. May blend with ice and fruit if smoothie is desired.

For weight management, drink REPLACE daily as a meal replacement for breakfast or lunch. For fitness or athletics, drink REPLACE daily 30 minutes before or after exercise.

Supplement Facts

Serving Size 1 scoop (35g)
Servings Per Container 14

	Amount Per Serving	% Daily Value
Calories	110	
Total Fat	2g	3%
Total Carbohydrate	9g	3%
Dietary Fiber	5g	20%
Sugars	2g	*
Protein	15g	30%
Vitamin A (as beta carotene and palmitate)	2,500IU	50%
Vitamin C (as ascorbic acid)	24mg	40%
Vitamin D (as cholecalciferol)	200IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	10.5IU	35%
Thiamine (as thiamin hydrochloride)	75mg	50%
Riboflavin	85mcg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1mg	50%
Folate (as folic acid)	200mcg	50%
Biotin	135mcg	45%
Pantothenic Acid (as d-calcium pantothenate)	4mg	40%
Calcium (as tricalcium phosphate)	400mg	40%
Iodine	60mcg	40%
Magnesium (as magnesium citrate)	100mg	25%
Zinc (as zinc methionine)	6.75mg	45%
Selenium (as selenium chelate)	14mcg	20%
Copper (as copper chelate)	1mg	50%
Manganese (as manganese chelate)	600mcg	30%
Chromium (as chromium chelate)	60mcg	50%
Molybdenum (from sodium chelate)	38mcg	50%
Proprietary Blend:	1,595mg	*

[Garcinia fruit extract, Oat fiber, Natural Caffeine from Black Tea, Lactobacillus Acidophilus, Rice bran, Amylase 5000, Bromelian 600GDU, Cardomon seed extract, Cellulase 1000, Ginger root, Lipase 1000, Papain 6000, Protease 1000, Protease 5000, Cinnamon bark extract]

* Percent Daily Values are not established